### **Training of Trainers - Demogames**

# Democracy and Games: Analog and Digital Game-Based Learning Tools for Youth Work

(2019-2-DE04-KA205-018330)

Democracy places high demands on citizens. Political decisions have an impact on many different areas of life, they often affect future generations or neighbouring countries and they are influenced by international and global developments. One-sixth of the world's population is young and the importance of youth participation for the future of economic, societal and political development is widely acknowledged. Democracy education enables young people to recognize and represent their interests, to participate in political processes and, in doing so, to meet their fellow human beings and their concerns with respect.



The project *Demogames* is based on the didactic approach of game-based learning and applies it to teaching young citizens about democracy. Mediated knowledge on

democratic processes, norms and values often remain abstract. In contrast, highly complex facts can be conveyed in an activating, participative and engaging manner through game-based learning. *Demogames* will advance democracy education with respect to learning about, through and for democracy. Our objectives are to introduce young citizens to the topic of democracy in an engaging and participative way by playing analogue and digital games. The active participation in playful units awakens young citizens' interest in the subject and promotes experiential learning.

The main outcome of *Demogames* is the "Democracy Game Box" (D-BOX), which includes a set of analogue and digital democracy games that practitioners (youth workers, trainers, and teachers) can use to teach democracy from different perspectives and to engage young people in a participatory way. Moreover, the D-BOX is accompanied by easy and understandable training materials for practitioners with examples and exercises to use our democracy games. *Demogames* provides ample opportunities to design activities for young people and practitioners in youth work and non-formal education to engage in discussions on democracy related topics beyond their local, regional or national experience.



Demogames also provides a model curriculum for a four day training of trainers. This curriculum includes sessions to experience game-based learning and reflect on it, to reflect on various concepts of democracy and search for common ground, and to learn how to use games in general and in particular the games of the D-BOX to educate youth about, for and through democracy. It is suited both for experienced facilitators as well as for people who wish to start training others. The training for trainers curriculum was developed, tested, and implemented by a team of facilitators and co-authors of the games in the D-BOX with an interdisciplinary background and experience both in facilitating, training of trainers, and designing educational processes.

This document is structured as follows: We first provide some advice on how to prepare a training of trainers based on this curriculum. Then we provide a day by day detailed curriculum structure with didactical comments and references to Demogames resources. We provide further information in the appendices.



### **Preparatory tasks:**

To successfully implement any kind of training or workshop based on Demogames, **Trainers should make themselves familiar with** the educational materials and tools provided on the **Demogames** webpage:

#### www.demogames.eu.

The materials on the webpage include:

- Print & play materials of eight analog games and information on how to access the two digitally assisted games
- o Rules of the game to all Demogames included in the D-BOX
- A Facilitator's Manual, including background chapters on democracy education, game-based learning, each Demogame included in the D-BOX, as well as suggestions on debriefing and example sessions.
- Video tutorials in form of a MOOC, including videos on democracy education, game-based learning, each Demogame included in the D-BOX, as well as suggestions on debriefing.

Trainers should plan ahead and factor in enough time to:

- Prepare the print & play materials (at least two days before the training)
   You can find assembly information documents for most of the games in the D-Box, which will explain to you how to print and prepare the game materials.
- Prepare the room or rooms, including table arrangements, plenary room, snacks, ... (this is essential to create a supportive learning environment).
   We provide some visual aids in Appendix 1 in this document from our Training of Trainers event in Timisoara, Romania, from March/April 2022.



## Four day Demogames model Training of Trainers curriculum (IO6) - Overview

Day 1	Day 2	Day 3	Day 4
9:00	9:00	9:00	9:00h
Welcome & team building	Introductory session	Introductory session	Introductory session
	D-Box games &		
10:00	game-based learning	10:00	10:00
Introducing Demogames		Game sessions	How to plan a session with
		Participants as players &	D-BOX
11:00	11:00	facilitators	12:00
Introducing the RFCDC	How to facilitate a		Reflection & Feedback
	game-based learning session?		Lessons learned
13:00	13:00	13:00	13:00
Lunch break	Lunch	Lunch	Lunch
14:00	14:00	14:00	14:00
Game sessions	Game sessions	Game session	Game sessions
Participants as players	Participants as players &	Participants as players &	Participants can freely chose
15:30	facilitators	facilitators	games to play/facilitate
Introductory session			
Democracy			
16:30	16:00	16:00	
Group Formation	Democracy session	Democracy session	
Experience & preferences	Debriefing & Feedback	Debriefing & Feedback	
17:00 End of program	17:00 End of program	17:00 End of program	17:00 End of program

Day 1 - Demogames Training of Trainers

Sessions	Preparatory tasks	Didactical comment	Demogames resources
9:00		This first session is very important	
Welcome &		and aims to create a supportive	
Team building		learning environment.	
10:00	Familarization with	This session provides a short	Demogames resources:
Introducing	the Demogames	background on the Demogames	Facilitator's Manual Chapter 1 (Introduction)
Demogames	project philosophy	Project, its aim and methodology.	See example slides in Appendix 2
11:00	Familiarization with	The RFCDC is the red thread that	Demogames resources:
Introductory	the Council of	connects all Demogames outputs.	Facilitator's Manual Chapter 2 (Democracy & Games)
session on	Europe's RFCDC	The Competence Card Game was	
the RFCDC	concepts and	particularly designed to introduce	MOOC Module 1.1 (Why Demogames?)
	descriptors.	and reflect on the RFCDC.	MOOC Module 1.3 (Conversation about Democacy)
		All Demogames train a different	
		set of competences, as outlined in	External resources:
		the Facilitator's Manual.	Council of Europe (2021): The Reference Framework of
			Competences for Democratic Culture In Brief.
		13:00 Lunch break	
14:00	Print & play materials	The Competence Card Game is	Demogames resources:
Game	of the CDC game.	the perfect first game of the D-	
sessions		BOX to start with and reflect on	
		the Competences for Democratic	
		Culture.	
15:30		This session sets the stage for	Demogames resources:
Democracy		continuous discussions on the	Facilitator's Manual Chapter 2.1 (Why do we need
session		topic of democracy throughout	education for democracy?)
		the training.	
			MOOC Module 1.3 (Conversation about Democacy)
16:30		Depending on the size of the	Demogames resources:
Final		group and the level of experience	See Appendix 1 for a visual inspiration.
coodrination		of participants, this part will help	
		to organize the following three	
		days.	

Day 2 - Demogames Training of Trainers

Sessions	Preparatory tasks	Didactical comment	Demogames resources
9:00		This session gives background on	Demogames resources:
D-Box &		the Democracy Game Box. It also	Facilitator's Manual Chapter 2.2 (Democracy education
game-based		provides theoretical insights into	and game-based learning); Chapter 3.1 (How to use the
learning		game-based learning.	Democracy Game Box)
			MOOC Module 3 (Game-based learning)
11:00	Prepared print & play	In this session, you exemplify an	Demogames resources:
How to	materials of the game	experiential game-based learning	Recommended games from the D-Box to exempify this
facilitate a	you intend to play.	process in a more practical way.	process are: Facilitator's Manual Chapter 3.2
game-based		While doing this you should go	(Competence Card Game); Chapter 3.3 (Deckmocracy);
learning		through the input phase, the	Chapter 3.4 (Demodice); Chapter 3.5 (Fake Expert)
session?		game-play phase, the output	
		phase and the debriefing.	MOOC Module 4 ( <u>Facilitation / Debriefing / Feedback</u> )
		13:00 Lunch break	
14:00	Prepared print & play	Depending on the experience of	Demogames resources:
Game	materials of the games	your participants, you can let	Facilitator's Manual Chapter 3 (Democracy Game Box
sessions	you intend to play.	them try out facilitating one or another game themselvs.	and all games)
	Depending on group	Otherwise, learning through	MOOC Module 4.1 ( <u>Facilitating Demogames</u> )
	size, you need to	experience as players is a good	MOOC Module 5 (all games)
	prepare parallel	way to start a journey as a	
	sessions.	Demogames facilitator.	
16:00	Prepare questions for	This session serves as a reflection	Demogames resources:
Democracy	debriefing.	device within the training.	Facilitator's Manual Chapter 4.2 (Guidelines and
session		Participants can share their	Questions for Debriefing)
Debriefing &		experiences with the Demogames	
Feedback		and provide feedback to the	MOOC Module 4.2 ( <u>Debriefing</u> ) & 4.3 ( <u>Feedback</u> )
		trainers.	

Day 3 - Demogames Training of Trainers

Sessions	Preparatory tasks	Didactical comment	Demogames Ressources
9:00		We suggest you reserve some	
Introductory		time to revisit the experiences	
session		from day 1 and day 2 in this	
		session.	
10:00	Prepared print & play	Depending on the experience of	Demogames resources:
Game	materials of the	your participants, you can let	Facilitator's Manual Chapter 3 (Democracy Game Box
sessions	games you intend to	them try out facilitating one or	and all games)
Participants as	play.	another game themselvs.	
players & facilitators	Depending on group size, you need to prepare parallel sessions.	Otherwise, learning through experience as players is a good way to start a journey as a Demogames facilitator.	MOOC Module 4 ( <u>Facilitation / Debriefing / Feedback</u> ) MOOC Module 5 ( <u>all games</u> )
	Be aware that you		
	will need enough		
	facilitators for each		
	session (e.g. co-		
	teachers, or		
	participants who want		
	to facilitate		
	themselves)		
		13:00 Lunch Break	
14:00	Same as 10am session	Same as 10am session	Same as 10am session
Game session			
Participants as			
players &			
facilitators	D.	TI:	
16:00	Prepare some	This session serves as a reflection	Demogames resources:
Democracy	questions for	device within the workshop.	Facilitator's Manual Chapter 4.2 (Guidelines and
session	debriefing (e.g. as	Participants can share their	Questions for Debriefing)
Debriefing &	proposed in the	experiences with the Demogames	MOOC Madula 4.2 (Dalwistina)
Feedback	Demogames Manual).	and provide feedback to the trainers.	MOOC Module 4.2 ( <u>Debriefing</u> )



Day 4 - Demogames Training of Trainers

Sessions	Preparatory tasks	Didactical comment	Demogames resources
9:00		We suggest you reserve some	
Introductory Session		time to revisit the experiences from the last 3 days in this	
30331011		session.	
10:00	Prepared print & play	This session is more practical and	Demogames resources:
How to plan a	materials of the game	provides participants with the	Facilitator's Manual (all chapters)
session with D-Box?	you intend to build your session on	possibility to adjust the D-Box materials to their needs.	
12:00	Prepare questions for	Participants can share their	Demogames resources:
Reflection &	reflection and	experiences with the Demogames	
Feedback	feedback	and the training and provide	MOOC Module 4.3 ( <u>Feedback</u> )
Lessons		feedback to the trainers.	
learned			
		13:00 Lunch break	
14:00	Prepared print & play	Depending on the experience of	Demogames resources:
Game	materials of the games	your participants, you can let	Facilitator's Manual Chapter 3 (Democracy Game Box
sessions	you intend to play.	them try out facilitating one or	and all games)
Participants can freely	Depending on group	another game themselvs. Otherwise, learning through	MOOC Module 4.1 (Facilitating)
chose games	size, you need to	experience as players is a good	MOOC Module 5 (all games)
to	prepare parallel sessions.	way to start a journey as a	, <del></del> ,
play/facilitate		Demogames facilitator.	
	Be aware that you will		
	need enough facilitators for each		
	session (e.g. co-		
	teachers, or		
	participants who want		
	to facilitate		
	themselves)		

## Appendix 1



Scheduling of the game sessions (participants as players and facilitators), *ToT in Timisoara, March/April 2022* 



Poster filled in by participants on their expectations from the training, *ToT in Timisoara, March/April 2022* 





Participants share their questions and ideas on "facilitation" with the group, *ToT in Timisoara, March/April 2022* 

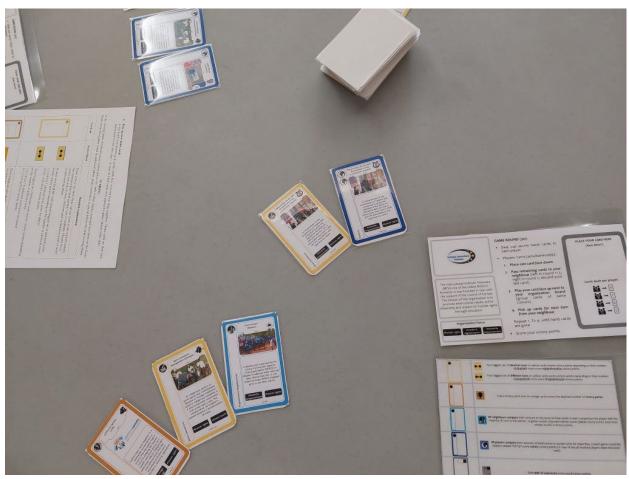


Democracy Session, ToT in Timisoara, March/April 2022





Utopia Playing Table, *ToT in Timisoara, March/April 2022* 



Participedia Playing Table, ToT in Timisoara, March/April 2022





Participants playing and facilitating Observers, ToT in Timisoara, March/April 2022



Group discussion, ToT in Timisoara, March/April 2022



### Appendix 2





### **DEMOGAMES**

Erasmus+ Democracy and Games: Analog and Digital Game-Based Learning Tools for Youth Work (2019-22)







## **Demogames**

- Goal: Formal & non-formal democracy education
- Target group: Young adults with or without prior knowledge of democracy
- Output 1: Democracy-Game-Box
  - Print & play game materials & rule books of eight analog games
  - 2 digitally assisted games
- Output 2: Manual for facilitators
- Output 3: MOOC video curriculum for facilitators
- Project Webpage: www.demogames.eu







### Reference Framework of Competences for Democratic Culture



#### Values

- Valuing human dignity and human rights
   Valuing cultural diversity
   Valuing democracy, justice, fairness, equality and the rule of law

#### Attitudes

### Competence

- Openness to cultural otherness and to other beliefs, world views and practices Respect Civic-mindedness Responsibility Self-efficacy

- Empathy
  Flexibility and adaptability
  Linguistic, communicative plurilingual skills
  Co-operation skills
  Conflict-resolution skills

Knowledge and critical understanding

The Competence Card Game is a short and simple card game to familiarize players with the competences for democratic culture of the Council of



https://www.coe.int/en/web/reference-framework-of-competences-for-democratic-culture





**DEMO GAMES** 





CARD GAME



Europe (RFCDC).

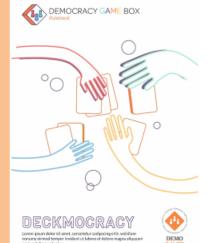












**Deckmocracy** is a card game for 2 to 6 players.

The player's aim is to complete democratic events. To do so, players compete, individually or in teams, for concept cards that belong to an event.

Concept cards depict elements of society and democracy such as a parliament, civil rights, or European integration.

The player or team who gains the most points completing events wins the game.









**Demodice** is a cube-based story telling game. Players exchange and reflect their experience with democracy as well as their desires and ideas for a more democratic future.

**Demodice** can be played from 1 to 10 players. The standard set includes 9 dice with six symbols each.

Three dice on democracy as a political system (participation, rule of law, basic/human rights), three dice on individuals and interactions (actors, emotions, power relations). Three dice on contextual factors (social policy areas, places, challenges and threats to democracy). Special dice are available on sustainability and the pandemic.









**GAMES** 



Fake Expert - A Demodice Game is a communicative game of social deduction. Players take the role of talkshow guests making short statements about democratic issues and trying to expose one fake expert among them.













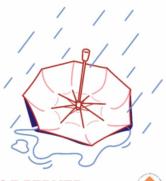
Draw the Line is a short and simple board game to trigger discussions about inclusion and exclusion, descriptive and substantive representation, and the consequences of (political) entities on

It is a game of dividing lines between shapes and colours representing people, for differing reasons depending on the setup.













**Observer** is a cooperative card-based guessing game.

Players have to find out the stories behind the riddles depicted on the playing cards, by asking the riddle master questions that can be answered with yes or no.

It can be used for fun, as an introduction to specific topics or as a round-up exercise after a more theoretical discussion about the elements and principles of democracy.



OBSERVER









PARTICIPEDIA

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erat, sed dian voluptus.



**Participedia** is a card game about innovative ways to participate in democratic processes beyond elections for 3 to 6 players.

Players become familiar with examples of innovative local, regional and national instruments for democratic participation from around the world.

Participedia is based on a card-drafting mechanism and a set-collection goal. The game can be played in a narrative or competitive mode.





**GAMES** 









Utopia is a collaborative board game for 4 players, which makes the players experience and reflect value and interest dilemmas inherent in many democratic institutions and rules.

The players form the Utopia Council, in charge of establishing the Utopian democracy as well as everyday decisions for the society of Utopia.

The game is based on the 'building blocks of democracy' learning module with the same name.





DEMO GAMES

### Consortium











GIGA (D) D2 Trucados (ESP) CGE Erfurt (D) DARE (BE) IIT (RO) Demokrative (CH)

### **Funding**





## **DEMOGAMES Partner Organisations**

German institute for Global and **Area Studies** (GIGA)

European network on Democracy and **Human Rights** Education (DARE) www.dareCGE Erfurt e.V.

Asociación Cultural DA2 Trucados

Intercultural Institute of Timisoara (IIT)

Demokrative -Initiative für politische Bildung

www.gigahamburg.de network.eu

www.cgeerfurt.org

da2trucados.org www.intercultural.ro

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